



McKinney North Cheer

Parent and Athlete
Informational Meeting

Welcome

MCKINNEY NORTH COACHING STAFF

Casey Warren

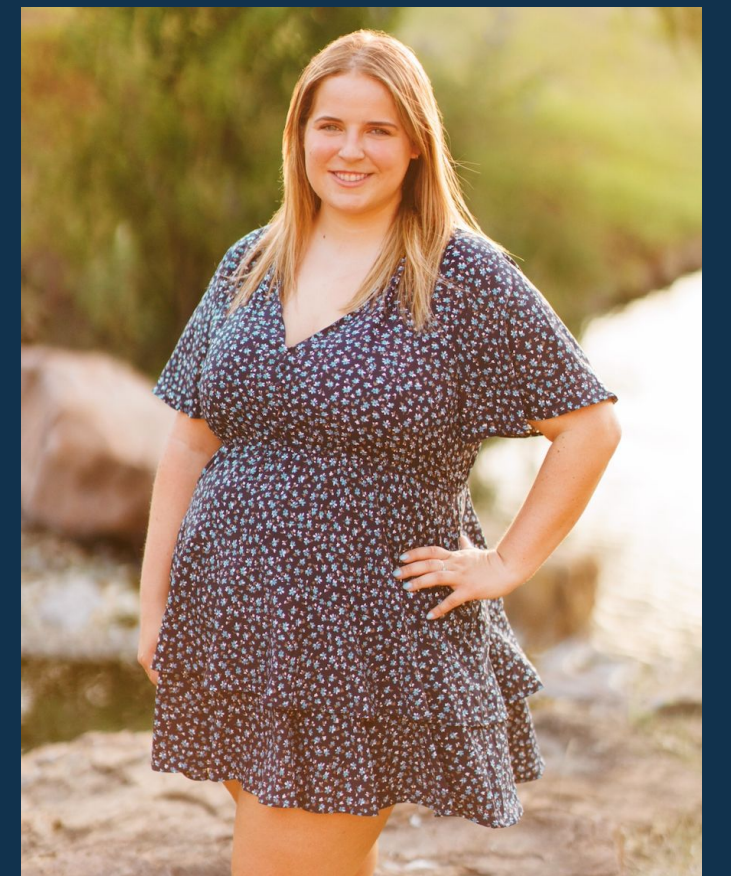
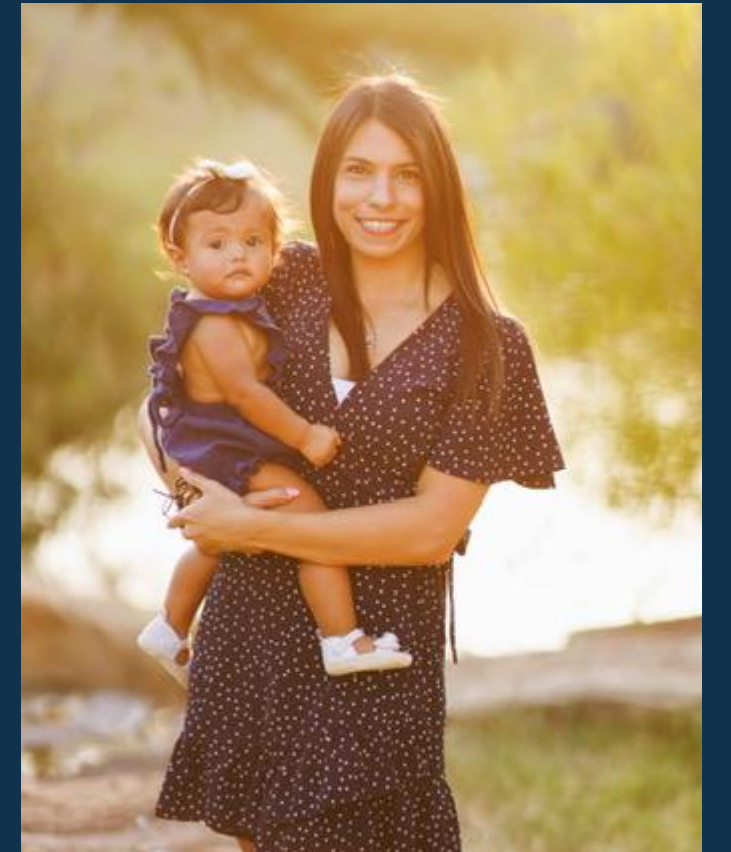
Head Coach

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Katie DeLaughter

Assistant Coach

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AGENDA

PHILOSOPHY AND PURPOSE

TIME COMMITMENT

EVALUATIONS

TEAM SELECTION & SKILLS

REQUIRED FORMS

COST

IMPORTANT DATES

QR CODES



PHILOSOPHY AND PURPOSE

The purpose of the cheerleaders is to support the curricular and extracurricular activities of McKinney ISD by promoting school spirit. Being a cheerleader is an honor and a special privilege. Cheerleaders and mascots exist to promote good sportsmanship, good citizenship, and wholesome/enthusiastic school spirit. Cheerleaders and mascots are first representatives of their school district and community. They should exemplify both individual and group behavior suitable to their position and in accordance with the rules as stated in the MISD Student Code of Conduct and MISD Extra/Co-Curricular Contract, MISD Cheerleading Guidelines and any campus handbook.

- **RESPONSIBILITY**

Play a leadership role in building teamwork
Help the school achieve its goals and objectives
Maintain a higher standard of behavior and academic achievement.

- **EXPECTATIONS**

Skilled in all aspects of cheerleading
Publicly demonstrate a skill level suitable for the team position
Enthusiastically support all athletic teams

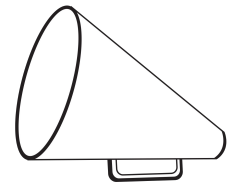
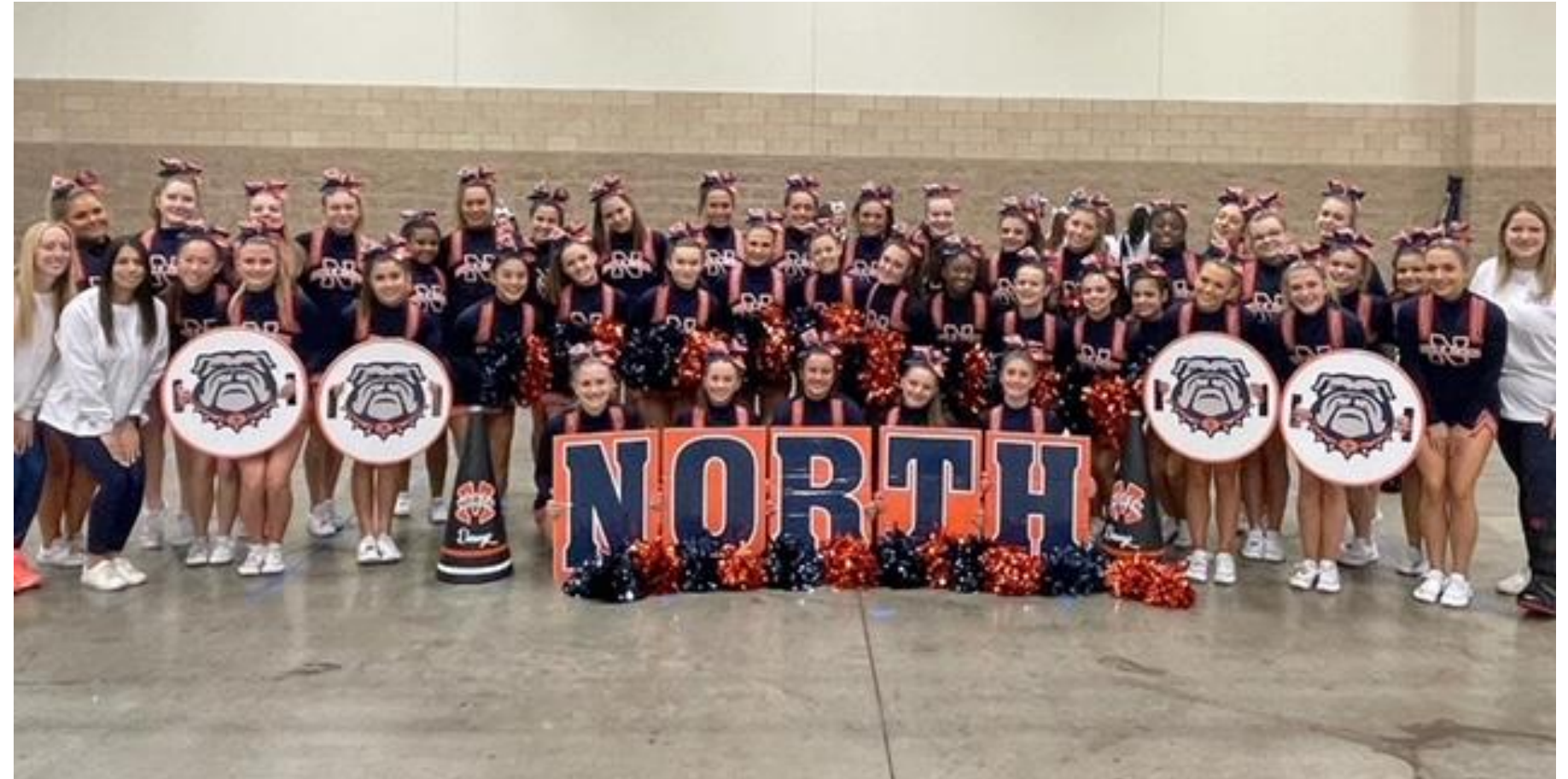
- **COMMITMENT**

Begins the day the team is posted through the last day of the following school year

Time Commitment

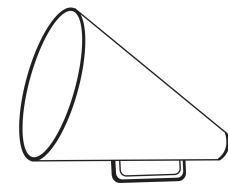
Cheerleading requires a HUGE time commitment.

- Practices outside the school day - up to 8 hours
- Weekly sideline cheering
- Pep Rallies
- Competitions
- Community Events



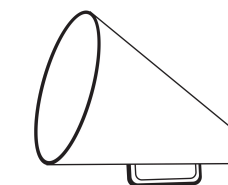
YEAR LONG

Demanding dedication and expectations
School cheer is first priority
No excused absences for outside competitive teams (cheer, soccer, volleyball, etc.)



CLASS PERIOD

Required to be in the cheer athletic period
Athletes may participate in cheer and athletics
Requires constant open communication with all coaches



REQUIRED EVENTS

Required events outside of cheering at games
Camp, competitions, and appearances

EVALUATIONS

- MISD cheer coaches will hold evaluations for the selection of all teams
- Closed evaluation process
- Must be enrolled in and attending a MISD campus prior to the first day of evaluations
- Academically eligible
 - Based on 12/16 (lose)grade report: 1/23 (gain) and 2/10 (gain)
- Submit online application and required forms
- Attend all evaluation sessions to receive maximum score
- Athletes should notify a coach either in person, by phone, or by email of any absence, prior to evaluations.
- See MISD Spirit Guidelines for complete list of eligibility requirements.

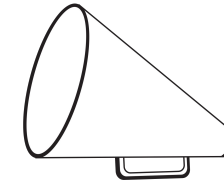
EVALUATION DRESS CODE

- Black or navy shorts - no spandex
- Plain white t-shirt with no visible logo
- White sports bra for females
- White cheer shoes
- Hair should be secured away from face in a high ponytail with bow
- No jewelry may be worn
- Nails must be neutral color palette and sport length.
- Failure to comply with the dress code may result in the candidate being dismissed from the evaluations and ineligible to try out for a position on a team.

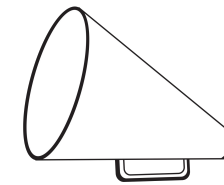
TEAM SELECTIONS

- Candidates will be evaluated and selected by the cheer coaches during an evaluation clinic.
- Coaches' decisions are final.
- It is the responsibility of the parent to make sure your athlete(s) is attending the evaluation clinic and completing the paperwork for the campus for which the student is zoned.
- If an athlete makes the cheer team at one campus and moves to another campus or is not zoned for the campus the athlete was selected, the athlete forfeits the position and will not be placed on the team at the new campus.
- Once uniforms and practice wear are ordered, changes and/or cancellations will NOT be made. Because items are ordered immediately following the fitting, there are NO refunds for any reason.

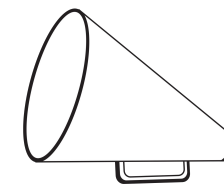
SKILLS EXPECTATIONS



Expected to maintain, consistently perform, and progress from the skills that are demonstrated during evaluations.



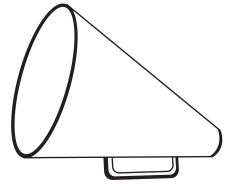
Weekly skills evaluations



Cheerleaders/mascots may not perform if the skills are not maintained/performed and minimum conditioning standards are not met.

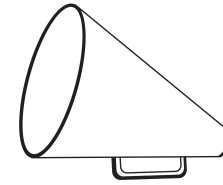
SKILLS

Expected to maintain, consistently perform, and progress from the skills that are demonstrated during evaluations. Evaluation material will be posted on each campus athletic website on February 9, 2024. It is an expectation that candidates know all material prior to the first day of evaluations.



CHEERLEADING

- Cheer
- Band Chant
- Stunts
- Tumbling
- Dance
- Motions
- Jumps (individual and connected)
- Spirit
- Leadership
- Overall Presence/Attitude

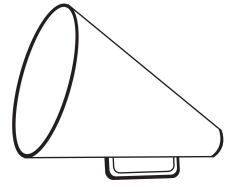


MASCOT

- Crowd Appeal
- Dance/Band Chant
- Character/Antics
- Choreography of planned/impromptu skit
- Use of props
- Spirit
- Leadership
- Overall Presence/Attitude
- Cut music and provide prior to the final day of evaluations

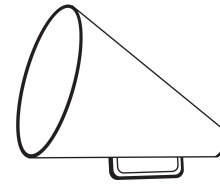


TEAMS



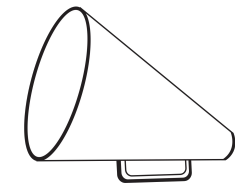
VARSITY

- May consist of up to 30 members.
- High school mascots are considered part of the Varsity team and should be a sophomore, junior or senior.



JUNIOR VARSITY

- May consist of up to 16 members.



FRESHMAN

- Freshman teams are open to freshmen only.
- May consist of up to 16 members

RESULTS

- Each candidate will be given instructions on how to find the results of the evaluations during the evaluation clinic.
- If a candidate wishes to receive feedback regarding skills evaluated during tryouts, the candidate should email the coach directly to schedule a meeting.
- All tryout results are final. Meetings will only be to provide skill specific feedback.



STEP ONE

- Athlete will contact coach via email or in person to request a meeting.

STEP TWO

- Coach will schedule a meeting date with athlete.

STEP THREE

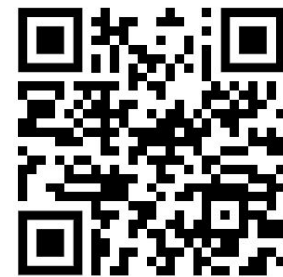
- Coach and athlete will meet, and coach will provide specific skill feedback.
-

REQUIRED FORMS

ALL FORMS ARE DUE BY FEBRUARY 9, 2024

Read the [MISD Spirit Guidelines](#)

[MISD SPIRIT APPLICATION](#)



[RANK ONE](#)

It is not necessary to fill out new forms for evaluations if the athlete is a current cheerleader in McKinney ISD.



REQUIRED FORMS

PHYSICAL FORM

- If a student is currently a cheerleader/mascot for MISD or participates in athletics in MISD, the physical currently on file will suffice for evaluations. If selected to the team for the 24-25 school year, a new physical on the 24-25 MISD Physical Form must be submitted to the MNHS athletic trainer by May 6, 2024.
- Students who do not currently have a physical on file for the 23-24 school year, may get the MISD Physical Form from the MNHS athletic trainer or front office. If the 24-25 physical forms are not ready by January 29, students who do not currently have a physical on file may use the 23-24 physical form. Physicals dated after February 1, 2024, for students who are new to trying out for cheer will be allowed to use the physical for the entire 23-24 school year
- High school candidates will submit current MISD physical to athletic trainer/athletic coordinator on campus.

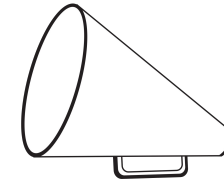
EVALUATION DATES

Monday, February 19 - Wednesday, February 21, 2024.

- Please reserve, February 22 and February 23 in case make-up days or bad weather days are needed.
- All candidates should arrive dressed and ready to warm-up at the times listed.



EVALUATION TIMES



High School Evaluations

Evaluations will be held in the MNHS multipurpose building and main gym - location changes will be communicated

- 3:00 PM - 4:30 PM: current 9 – 11th grade candidates
- 4:45 PM – 6:15 PM: current 8th grade candidates; must attend feeder pattern

Results will be posted online after 4pm on Friday, February 23.

EVALUATION SCHEDULE

Monday, February 19	Tuesday, February 20	Wednesday, February 21
Individual Jumps Standing Tumbling Running Tumbling Stunts	Sideline Band Chant Game Day Cheer (Everything in a group)	Connected Jumps Performance Cheer (Individual) Dance (Group)
Click these links for helpful videos regarding jump technique! Toe Touch , Hurdler , Herkie , Pike .	Game Day Cheer: No skill incorporation.	Performance Cheer: You may incorporate a skill instead of the jump if you choose.

**Please DO NOT attempt any new skills at tryouts. Only perform solid skills you are comfortable doing.
You are NOT allowed to have a spot.**

COST

McKinney ISD Spirit

The following is a list of expenses that may be incurred. This is simply a guideline of the approximate cost of being a cheerleader/mascot of McKinney ISD. All monies will be collected either through an online service or with a cashier's check or money order. Payments are due in full the day of the uniform fitting. NO cash or personal checks will be accepted. NO refunds.

MISD District High School Package \$825: includes personal accessories and camp

- Payment Option One: Money Order or Cashier's Check for the FULL amount due at the uniform fitting.
- Payment Option Two: Online option; Coaches will distribute online payment link once teams are selected.

Please know that there will be additional costs associated with camp/pep rally/game accessories, competition needs, etc. paid to the booster club. More information will be provided. Fundraising opportunities will be available.

IMPORTANT DATES

CAMPUS FITTING at MNHS

Monday, February 26

2:00-4:00PM for returning team members

4:15 PM for new team members

- Athletes will be trying on uniforms, warm-ups, and shoes
- All athletes will be completing the MISD Sizing Form and the measurement portion of the Fitting Pass.
- Athletes need to bring a cell phone or laptop.

NEW TEAM/PARENT MEETING - following fitting at 5:30PM in the MNHS cafeteria

DISTRICT FITTING at MNHS

Thursday, February 29

1:00PM in the PE locker room

- Athletes should wear a snug fitting tank top, shorts or leggings, sports bra, and spandex.
- Athletes will not be allowed to try on garments unless they are wearing appropriate attire listed above.
- Please bring the completed MISD Sizing Form as well as cell phone or laptop to enter sizing information on the Fitting App.

IMPORTANT DATES



FITTING DATES

Wednesday, February 28

- 7:00 AM – MHS
- 9:30 AM – Evans
- 12:00 PM – Dowell
- 2:00 PM – MBHS

Thursday, February 29

- 7:00 AM Cockrill
- 10:00 AM Faubion
- 1:00 PM MNHS
- 3:00 PM Johnson

Dates and times may change.

Athletes will be sized at the campus they currently attend.

EXAMPLE: If athlete is a current 8th grader at Cockrill and has been selected to the freshman team at McKinney North, the athlete will attend the fitting date and time at Cockrill at 7:00 AM on March .

All payments are due at fitting.

IMPORTANT DATES

PRACTICE DATES

- Starts Tuesday, March 19
- Monday-Thursday 4:15-6:15PM

CAMP DATES

NCA Camp at SMU

- May 29-June 1



MANDATORY COMPETITION DATES

- Early Dec - McKinney Spirit Championship
- Mid Dec - NCA State of Texas Championship
- Early/Mid Jan - UIL Spirit State Championship
- Late Jan - NCA High School Nationals



THANK YOU FOR ATTENDING



MISD Spirit Guidelines

MISD Spirit Required Forms



MISD Spirit Important Dates