
McKinney Boyd Girls Soccer Pre-Season Tryout Letter to Parents/Students

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Welcome to McKinney Boyd High School Girls Soccer. We are glad you are interested in becoming part of our program. Having scheduled yourself into the athletic period provides you the opportunity to try out for a spot in our pre-season soccer class, which meets daily during 6th and/or 7th period. Those with **all valid paperwork** will begin going through an evaluation process to determine if you can contribute to our program and compete in the prestigious 5-6A District.

We, as coaches, will determine who continues in the pre-season to pursue a position on the JV Red, JV or Varsity Team. We expect you to give your best effort and understand that we will evaluate you both objectively and subjectively. Due to sheer numbers, we will have to ask some students to change their schedules, so that they can pursue other athletic, extracurricular or academic activities on campus. It is a very difficult challenge for our coaching staff and we realize that decisions of this sort are not always popular. However, we will evaluate players using years of experience and expertise, and ask that decisions be accepted with dignity and grace.

You will be evaluated in several areas encompassing soccer skills, fitness, character, attitude, cooperation, and ability to learn and perform technical/tactical skills.

Foremost, be on time, dressed and ready to participate with a positive attitude. Any days missed will give others an advantage to display strengths and therefore place you at a disadvantage. Tryouts will begin on Friday, August 10th. The first round of cuts will occur at the end of practice on Tuesday, Aug 15th. Subsequent cuts will follow each day until Thursday, the 18th as our coaching staff makes final decisions.

We thank you for trying out and admire the courage it takes to go through any evaluation process. We share your love of soccer and wish you the best in this endeavor.

Girls' Coaching Staff,

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Kaylee Sepanek
Kristen Meadows
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Lady Bronco Soccer TRYOUTS 2023-2024



Times and Dates:

- ★ Aug 10th and 11th: Meetings in MP104 during 6th and 7th period. We will meet them in the main hallway by Gym 2 and help them get there.
- ★ 6TH Period & Freshmen Tryout 12:51pm-1:41pm Friday - Thursday, August 12-19 (FLD TBD)
- ★ 7th Period Tryout 1:47pm -2:37pm Friday - Thursday, August 12-19 (FLD TBD)

*****ATHLETES NEED TO GO BY WHAT IS ON THEIR SCHEDULE IN HAC*****

Paperwork Required:

- ★ UIL Electronic Forms in RankOne:
<https://mckinneyisd.rankonesport.com/New/NewInstructionsPage.aspx>
- ★ Copy of Birth Certificate **DO NOT UPLOAD TO RANKONE**, email or bring copy on first day
- ★ Physical: Required by all students in order to participate in tryouts. Must be completed on the yellow cardboard form.

Dress Code and Equipment Needed Daily:

- ★ Friday – Red Practice Shirt/ Red Shorts
- ★ Monday – Red Practice Shirt/ Red Shorts
- ★ Tuesday - Navy Practice Shirt/Navy Shorts
- ★ Wednesday - Red Practice Shirt/ Red Shorts
- ★ Thursday - Navy Practice Shirt/Navy Shorts

Incoming Freshmen that do not have the practice uniform from last year, try to get close to this, but it doesn't have to be exact, any school colored clothing will suffice

- ★ Bag to carry equipment: Cleats, Tennis shoes, Shin Guards, Socks, Practice Clothes.

FAQ:

Q: What if I don't have all the required documents?

A: Students will be required to have all documents prior to tryouts starting on Friday 8/12. If they don't have them, we will have to change their schedule into another class.

Q: Are parents or visitors allowed to watch workout sessions?

A: Parents are not allowed to attend as this is a class during normal school hours

Q: Will we be able to use the locker room?

A: We will have locker rooms available to change in prior to tryouts each day. Athletes need to use the restroom prior to coming to the field.

Q: The first 2 days: (Athletes do not need to dress out)

A: The first 2 days on 8/10 and 8/11. We will go over policies and expectations prior to tryouts starting.

Q. What are the tryout expectations:

A: Expectations:

- Must have shin guards, cleats, running shoes, soccer socks, and practice gear at each practice. Shirts TUCKED IN.
- This is a tryout. Anyone can be cut and anyone can make a team. Just because you were in the period last year or on a team last year does not guarantee that you will be in the period or on a team this year.
- On field dressed out ready to start @ 12:55 for 6th and 1:51 for 7th.
- Once tryouts have ended coaches will initiate schedule changes to include a soccer period, 6th or 7th or to place you in another class.
- Once you make the teams you will have to agree to the Boyd Code of Conduct and Grading policy

Q: What will tryouts consist of?

A: Tryout will include assessment on:

- Grades and Student School Behavior (returning players)
- Effort-100% all training session long
- Coachability, Attitude punctuality, attendance, following instructions, execution
- Skills: dribbling, shooting, ball handling, passing, receiving, defending, finishing, etc.
- Conditioning – Yo-Yo Intermittent Recovery Test (YYIRT)
- Speed and Strength – 30m Sprint, Broad Jump, Vertical Jump
- Knowledge of the game concepts during 11 v 11 play

Girls Tryout Information Sheet (Schedule for the First 2 Weeks)

Wednesday, August 10th- First Day Meeting in MP104

- Roll check and Meet/Greet.
- Go over physical and paperwork. **Must have Physical and Online Forms completed to participate in any part of tryouts! Email Birth Certificate to eramos@mckinneisd.net**
- Get phone numbers to set up for Soccer Group Text.
- Set Up MISD Text App.

Thursday, August 10th(MP104) Go over Try-out Procedures and Remind kids about turning in paperwork by Friday.

Friday, August 11th (Outdoor Field) – 11 v 11 Scrimmage

Monday, August 14th (Indoor Facility) – First Day of Official Tryouts

- Yo-Yo Intermittent Recovery Test (YYIRT) – Tennis Shoes only

Tuesday, August 15th (Outdoor Field) – 11 v 11 Scrimmage – First Round of cuts

Wednesday, August 16th (Indoor Facility) – 30m Sprint, Broad Jump, Vertical Jump – Second Round of Cuts

Thursday, August 17th (Outdoor Field) – 11 v 11 Scrimmage – Final Round of cuts

Friday August 18th (MP104) – Hand out equipment, UIL PowerPoint
