

McKinney Boyd Tennis

Parent/Player Mandatory Tryout Meeting



McKinney Boyd Bronco Tennis



Bronco Tennis Mission Statement

To help build a team of intentional leaders that will make a positive impact in the world by showing integrity, empathy, respect, responsibility, discipline, and determination.

Program Milestones



Team Tennis

- 2022: 3rd Place District; Bi-District Qualifiers
- 2021: 3rd Place District; Bi-District Qualifiers
- 2020: 3rd Place District; Bi-District Qualifiers
- 2018: 4th Place District; Bi-District Champions; Area Qualifiers
- 2016: Area Qualifiers
- 2015: Multiple All District Nominations
- 2014: Freshman Players of the Year
- 2012: 3rd Place District 10-5A
- 2011: Region 2 Champions; 5A State Semifinalists

Spring Tennis

- 2023: Girls Singles District Runner- Up; Regional Qualifier
Girls Doubles & Mixed Doubles 3rd Place District
- 2022: Mixed Doubles District Runner-Up; Regional Qualifiers
Girls Doubles District Runner-Up; Regional Qualifiers; Regional Quarter-finalists
- 2021: Mixed Doubles District Runner-Up; Regional Qualifiers 4th Mixed Doubles; 4th Girls Singles
- 2017: Girls Singles District Champion; Regional Champion; State Runner-Up
- 2017: Girls Team 3rd Place District 6-6A
- 2016: Girls Team 3rd Place District 6-6A
- 2016: Girls Singles District Champion
- 2014: Girls Tennis – 3rd Place District 10-5A
- 2013: Mixed doubles team to State Quarter-finalists
- 2013: Boys Singles 3rd place and Mixed Doubles Runner-Up

2023-2024 Outlook



- District 5-6A
 - Allen, Denton Braswell, Denton Guyer, Little Elm, McKinney High, McKinney Boyd, Prosper, and Prosper Rock Hill
- Region 1
- Two Teams
 - Varsity and JV

Agenda



1. Important Dates
2. Tryout Preparation & Camps
3. Tryout Information
4. Teams
5. What to Expect When You Make a Team
6. Booster Club

Important Summer Dates



- **MISD Online Paperwork - Due May 26, 2023**
Link: <https://mckinneyisd.rankonesport.com/New/NewInstructionsPage.aspx>
- **Physicals Due To Trainers Hutto or Emery**
– June 1 (must be on MISD beige physical form)
- **2023 Tryouts**- July 24th – 27th 2023
(specific information/times/age groups on following slides)
- **Teams Posted** – July 27th @ 5:00 PM online on our website.
- **Varsity Practice Begins** – July 31st @ 9:00 AM
- **First Varsity Fall Match**– August 3rd v. San Angelo Central @ Boyd

Tryouts Start NOW!!!



Your Bronco Tennis Coaches are attentive and take notice of all of your hard work! We encourage you to comply with all requests.

If it comes down to choosing between 2 players that have the same/similar tennis abilities, we will look at all aspects including following requests, meeting deadlines, coachability, etc.

For Example:

HAVE YOUR ONLINE PAPERWORK DONE!



Hitting Opportunities

- There will be 2 weeks over the summer that we will be at the Boyd tennis courts. I will have a workout for the you to do, 100% optional...but we will be looking and taking note of who shows up.
- Week 1: May 30 - June 2
 - 2:00 - 4:00 PM
- Week 2: July 17-20
 - 9:30 - 11:30 AM
 - Conditioning will be a part of this workout! ☺



Alma Mater

- ◆ Spirit Weeks with school
- ◆ Boyd Olympics (in May)
- ◆ Pickleball Tournament?
- ◆ “For the Love of the Game”
 - ◆ Davis Cup
 - ◆ Banquet





Tryout Preparation And Tryout Information

"Most people have the will to win, few have the will to PREPARE to WIN." ~Bobby Knight

Pre-Season Conditioning Point Sheet



- **Purpose** — To prepare players for tryouts and play against strong competitive teams
- **Points** — Players must earn at least 250 points/week and a total of 2000 points throughout the summer
- **Categories**— earn points through tennis tournaments, drills/lessons, conditioning, and reading/watching tennis (immerse yourself in the game!)
- **Point Sheet** — download from McKinney Boyd Tennis Website

<https://departments.mckinneyisd.net/athletics/schools/mckinney-boyd-high-school/team-69258/>

“Champions do not become champions when they win the event, but in the hours, weeks, months, and years they spend preparing for it. The victorious performance itself is merely the demonstration of their championship character.” ~T. Alan Armstrong

PHYSICALS



- **MUST** be on MISD Physical Form
- **MUST** be turned in ASAP...but no LATER than the designated date (June 1)
- **MUST** be approved and input into the system in order to begin tryouts/workouts.
- No Physical approved and in system = NO tryouts!!! If you miss any part of tryouts due to not having an approved physical on file you will automatically be cut from the team!!!
- No Physical = No Tryouts = No Team!

Tryout Information



- July 24 - July 27, 2023
- You must have a physical on file and all of the proper online paperwork filled out before you are allowed to run or tryout. All physicals due to the McKinney Boyd athletic trainer by: **June 1, 2023.**
- Need to bring:
 - Copy of birth certificate (new players)
 - Copy of a utility bill from July 2023 (all players)
 - Point Sheets (all players)

*tennis racket, tennis shoes, sunscreen and water jug will also be needed!

Tryout Times



July 24 : 8:00 -10:30 AM - All Freshman/New players **BOYS ONLY**
10:30 AM- 1:00 PM - All Freshman/New players **GIRLS ONLY**

July 25: **Girls ONLY**

Girls 8:00- 12:00 PM
(All new players, JV, & lower Varsity players)

July 26: **Boys ONLY**

Boys 8:00- 12:00 PM
(All new players, JV, & lower Varsity players)

July 27: 8:00 AM - 10:30 AM **GIRLS ONLY**
 10:30 AM - 1:00 PM **BOYS ONLY**

**PLEASE CHECK ATHLETIC WEBSITE FOR TIME/DATE CHANGES.*

Tryout Information



- Tryouts are **MANDATORY**
(exception: Players that made it to the Regional Tournament/ or /National Rank)
- There will be **NO** additional tryouts for players who do not attend the regular scheduled sessions
- If you are unable to attend the scheduled tryouts, you will **NOT** be part of the 2023-2024 Bronco Tennis Program unless an extreme circumstance occurs OR if a new student moved to Boyd.
- Anyone missing the scheduled tryouts will need to wait until July/August 2024 to tryout for the following year
- Only seniors **NEW** to MBHS will be allowed to tryout if not currently part of the MBHS tennis program
- Multi-sport/activity Athletes need to talk to Coach Vargas regarding tryouts and sport sharing.

What You Will Need



- Physical and online paperwork must be completed on ALL pages and TURNED in!
- Tennis Racquet - please make sure this is an appropriate size for your age.
- Tennis Court Shoes - need to be TENNIS shoes for the court. Running/training shoes do not give the appropriate support
- Appropriate Clothing (shorts with pockets/tennis shorts/skirts, t-shirt, hair up and out of your face, etc.)
 - Light colored clothing is recommended. It does get HOT!!!
- Water Jug! Get a JUG, not a water “bottle”!!

What You Will Need



WATER

- We do have water coolers on the courts to REFILL water JUGS when needed.
- Players need to bring a water JUG WITH water already in it!!
 1. It gives us more time to coach and give instruction rather than wait for them to stand in line to get water
 2. It eliminates trash/empty water bottles from being left on the court.
 3. Water bottles end up rolling around on courts



PHYSICALS



- **MUST** be on MISD Physical Form
- **MUST** be turned in ASAP...but no LATER than the designated date (June 1st)
- **MUST** be approved and input into the system in order to begin tryouts.

Poor planning on your part does not constitute and emergency on our part (coaches and/or trainers)!!

TURN YOUR PHYSICALS IN TO THE ATHLETIC TRAINER ON TIME AND COMPLETED CORRECTLY!!!

Criteria and Procedures for Selecting the Team



- Gut Check Mile -
 - Athletes will be required to run one mile. The mile times will not keep the athlete from making the team.
- Required mile times:
 - Freshmen Girls: 8 mins 15 seconds
 - Sophomore Girls: 8 mins 00 seconds
 - Junior Girls: 7 mins 45 seconds
 - Senior Girls: 7 mins 30 seconds
 - Freshman Boys: 7 mins 15 seconds
 - Sophomore Boys: 7 mins 00 seconds
 - Junior Boys: 6 mins 45 seconds
 - Senior Boys: 6 mins 30 seconds

Criteria and Procedures for Selecting the Team



Tennis Skills

Drills

- Control and Placement
- Consistency
- Competitive Point Play

The following strokes will be evaluated:

- Ground strokes (FH and BH). Players will be asked to hit cross court and down the line with control, placement, and consistency both stationary and with court movement (i.e., 3 across). Looking for semi-western grip; 2 handed backhand.
- Approach shots with proper footwork and position to set up for volley
- Volley (FH and BH): Looking for cross step, continental grip, no swing; forward movement to the ball
- Overhead (control and put away)
- Serve: correct technique/continental grip; control and placement;

Criteria and Procedures for Selecting the Team



- The strokes will be evaluated on a point system based on USTA levels and abilities. Points will be as follows:
 - 1 – beginning emerging tennis player (lack of consistency and proper stroke production, still working on keeping the ball in play)
 - 2 - basic understanding and ability to perform stroke, is beginning to be able to judge where to hit ball and where ball is coming from
 - 3 – usually consistent, can hit a medium paced shot, lack of execution when trying for directional control, depth, or power
 - 4 – demonstrates depth and directional control on moderate shots, varies pace of the ball, is beginning to or sometimes uses topspin and slice.
 - 5 – demonstrates a variety of shots including topspin and slice. Player regularly hit winners or forces errors. Demonstrates power with consistency

Criteria and Procedures for Selecting the Team



Tennis Skills

Match Play

- Competitive Point Play
- Control, Consistency, and Placement
- Grit and Determination to Succeed no matter what the score shows
- Coachability

The following strokes will be evaluated:

- Ground strokes (FH and BH).
- Approach shots with proper footwork and position to set up for volley
- Volleys (FH and BH)
- Overhead (control and put away)
- Serves: correct technique/continental grip; control and placement; consistency
- Point Play: Is your player smart and consistent in their match play skills. Can they control a point?

Criteria and Procedures for Selecting the Team



- Drills/Technique/Point Play
- Match Play — “Pony Sets” (1st to 4 with a 7 point tiebreaker at 3-3)
- Agility/Footwork — movement to ball, change of direction, etc.
- Hustle - Are you moving quickly to recover/reset between points? Are you running to pick up balls? Are you attempting to get every ball that comes back to your side of the net?
- Work Ethic — Are you giving 100% of all you have for that day? We will all be hot and tired. Are you pushing yourself?
- Attitude — Are you **COACHABLE** and do you listen to and apply the advice of MBHS coaches? Are you encouraging others? Are you positive? Are your actions in line with the words you speak? Are you volunteering and taking initiative to do what you might not want to do (i.e. pick up the stray ball on the far end of the court)?
- Leadership/contributions player may make to program — If we see a player who might not be the strongest on the court and have the strongest results, but demonstrates through their hustle, work ethic, and attitude that they will make an impact; their leadership will be taken into consideration.

Criteria and Procedures for Selecting the Team



- **Tennis Knowledge Quiz (incoming players)**- Demonstrate understanding of tennis rules, tennis strokes, and basic tennis knowledge. Through questions on the quiz, coaches will be able to see your exposure to the game; whether it be limited or fully immersed.
- **Point Sheets** - How much time did you put in over the summer?
- **Potential impact you will be able to make on the team**
 - If you have been a student at Boyd and are trying out for the first time as a 10th or 11th, grader, it will be more difficult for you to make the team than a student new to Boyd or incoming Freshman who may be a similar level and is taking their first opportunity they can to be part of the program.

Criteria and Procedures for Selecting the Team



Returning Players – We have had the advantage of coaching and watching our returning players for at least 1-3 years! We will take into consideration the following:

- Match/Tournament Results
 - Previous Challenge Match results
 - Varsity Experience
 - Absences (Did they sit out a lot at practices due to illness, failing grades, etc?)
 - Work Ethic
 - Attitude
 - Coachability
 - Eligibility
 - Player Contracts
 - Leadership/Team Contributions
- ♦ *Returning JV players are trying out for open varsity/7th period spots. Spots are not guaranteed based on age/class (seniors must earn their spot).*

Team Selection



CUTS

- All players will be notified by the conclusion of tryouts if they make the program.
- Players may be cut at the end of any day during the tryout period.
- Players will not know the team/class period they make until the posting date

Teams Posted:

JULY 27, 2023 @ 5:00 PM

Teams will be posted on our athletic website
Under “team tennis”

<https://departments.mckinneyisd.net/athletics/team-roster/?sh=574&tm=69258&back=69258>

PHYSICALS



**Want to make a good impression
on your coaches?**

**TURN YOUR PHYSICALS IN TO THE ATHLETIC TRAINER ON
TIME AND COMPLETED CORRECTLY!!!**

- **MUST** be on MISD Physical Form
- **MUST** be turned in ASAP...but no LATER than the designated date (June 1)
- **MUST** be approved and input into the system in order to tryout!



TEAMS

“The strength of the team is each individual member.
The strength of each member is the team.” — [Phil Jackson](#)

Bronco Tennis Program



- **Varsity** – Competitive team comprised of the programs top players that display strong tennis skills and strategy, leadership, competitiveness, sportsmanship, and work ethic. These players usually have played UTR or USTA tournaments, attend hit groups and lessons on a regular basis (2-4/week) outside of school practice. They usually have a strong physical as well as strong mental game of tennis. They understand and have the ability to strategically change their game if necessary in a match to be successful. They are confident playing **both** doubles and singles and executing various strategies in each.
- **JV** – A mix of players with some competitive experience, that display some tennis skills, competitiveness, sportsmanship, and work ethic and players that are striving to and demonstrate the potential to be a contributing member of the tennis program. These players may need to continue advancing their stroke production/skills, playing strategies as well as need more competitive match experience. They are working on developing their confidence and skills at the net as well as developing their mental game. Seniors that do not make the cut for varsity are generally not part of the JV team and are usually cut from the program or become a Varsity manager and play extra matches when available.

Teams



- Freshman can play on either team in the program.
 - JV consists of Freshman/Sophomore/Juniors
 - Freshman are usually placed on the JV team
 - A Freshman that has a high UTR rating or USTA (Super Champ/National Ranking) rating can be placed in 7th period/varsity.
- Varsity athletes can be any grade level.
- All returning varsity/7th period players must earn their starting ladder position. They will begin where they ended the previous school year.
- It is difficult for dual sport/organization athletes to play varsity due to conflicts in competition/performance schedule (NOT at all impossible, we just need to learn and talk time management a.s.a.p.!).

Team Projections

2023-2024



Estimated Returning VARSITY Numbers

- 8 Returning Girls
- 6 Returning Boys

Estimated Returning JV Numbers

- Average 8-10 Girls Returning Girls
- Average 15-17 Boys Returning Boys

****Lower lines
beyond #8 on
Varsity or JV are
NOT guaranteed
match play!****

23-24 school year we are graduating roughly **7 boys and 7 girls**...therefore we may carry more than normal on a team to ensure we remain strong in the 2024 - 2025 school year.

Team Projections



- Our goal is to carry 12-14 boys/12-14 girls on each JV and Varsity team.
- In order to prepare for players graduating, we may carry more to prepare returning players for the next year
- Team numbers will depend on overall program numbers
- #of boys/# of girls may not be the same
- We will consider court space to get adequate practice
- We have altered practice times to allow all players to have more time to practice as a program

PHYSICALS



**Want to make a good impression
on your coaches?**

**TURN YOUR PHYSICALS IN TO THE ATHLETIC TRAINER ON
TIME AND COMPLETED CORRECTLY!!!**

- **MUST** be on MISD Physical Form
- **MUST** be turned in ASAP...but no LATER than the designated date (June 1)
- **MUST** be approved and input into the system in order to tryout!



What to Expect
Once You
Make a Team

No Vacation Time



- For clarification:

Please do not plan any vacations after teams are formed. We are already in full swing of season as of July 31st.

This applies to Spring Season as well between Mid-January– Mid-May (Although we will not schedule tournaments/practice during spring break, we will be in full swing the week prior to and after spring break).

Please do not take an extended spring break!

If you have any questions please contact
Coach Vargas at mvgargas@mckinneyisd.net

Practice Times



- JV will be practicing during 6th period and one day a week (Mondays) after school from 3:00 - 4:30 PM
- Varsity will be practicing during 7th period and after school until 3:30 PM
- On Mondays from 3:00-3:30 will be ALL TEAM time. Where JV and Varsity TOGETHER will condition/have “team time”

Practice Attendance



- If unable to play due to injury, you are expected to dress out and report to AT Room for rehab and then join the team at practice
- Sickness (even with Dr. note) and unable to practice the day before a match while in season can result in **loss of playing time/position** - sit out 1 match (you may play doubles, but not singles; if you only play doubles or singles, you may not play). Missed practices (other than the day before a match) without a DOCTOR note **result in conditioning before returning to the courts.**
- **Sum it up – Plan to participate in practice if you want to compete in matches!**

Manager Opportunities



- After the tryout process if you don't make a team, a manager position may be available. Seniors will have 1st priority.
- If you choose not to become a manager, you will be transferred out of the tennis period before the start of school to pursue other opportunities. Coach Vargas will notify your counselor. Parents/players do not need to do anything.

Cost List



- Practice T-Shirts (designed yearly by the boosters)
\$10-\$20/each
 - Most players purchase about 5 as they **must** be worn daily at practice.
- Tennis Booster Club Membership
 - Love Membership \$30
 - Ace Membership \$75

will come with free spirit wear item from previous years; first come first serve

**Approximate Cost List*



Additional Costs

The following items are optional

- “Spirit Wear” Assortment (sweatshirt, sweat pants, LS T-Shirt, hat, bag tag, etc) \$100
- Personalized Yard Sign (Heavy Duty Metal) \$30
- Hoodie/Sweats (Recommended for Spring-Season) \$30
- Banquet Tickets (roughly) \$30/each
- Fundraising/Donations (if your child chooses not to participate in selling or finding sponsors) \$100

What to Expect



- **Fundraisers**: 2-3 opportunities/year
examples: Snap Raise! Spring Flower Sales, etc
- **Concessions**: 5-6 times/year
JV & Varsity players & parents will work the concession stand at various Boyd athletic events (will need a food handlers card)
- **Parent Duties:**
 - Concession Workers
 - Fall Match Snack Box
 - Bronco Fest
 - Fundraisers

2023-2024: Important Dates



- Bronco Fest – September 13th 2023
- Homecoming – September 15th 2023
- SNAP RAISE! Fundraiser – Kick Off August 21, 2023 (tentative)
- Start of Spring Practice – January 16, 2024 (tentative)
- Spring Flower Fundraiser - Kick Off March 11, 2024 (tentative)
- Spring Flower Pick-Up – April 30, 2023 (tentative)
- Banquet - May 2024 (tentative)

Booster Club



- **Booster Club President: Monique Wilson**

Boyd Tennis Boosters objectives:

- Promote school spirit for McKinney Boyd High School Tennis
- Promote communication and cooperation between parents, tennis team members, school representatives, and community
- Raise money to assist the MBHS Tennis program.

We invite all parents of athletes in the tennis program to get involved in our booster club.

It is our expectation that everyone will volunteer throughout the fall and spring tennis season and will continue throughout the offseason.

Social Media



- **McKinney ISD/ Boyd Tennis Website**
 - <http://departments.mckinneyisd.net/athletics>
- **Facebook**
 - www.facebook.com/mckinneyboydtennis
- **Twitter**
 - www.twitter.com/McKBoydTennis
@McKBoydTennis
- **Instagram**
 - @mbhs10s

Become A
Fan!

Remind 101



- PARENTS
- TEXT: @Bronco10s
- TO: 81010

This REMIND 101 is how Coach Vargas sends Out important reminders quickly!! For example, Rain delays for matches/tournaments, canceled Practices due to rain, time changes of matches, etc.

Keep
yourself
Updated!

ONLINE PAPERWORK



- Due: May 26, 2023
- Paperwork needed to be turned in:
 - PHYSICAL!!! (you have until June 1st)
 - Medical History
 - Emergency Contact
 - UIL/MISD Contracts (to sign)
 - MISD Health & Safety Policies (to sign)
- You can find the needed paperwork at:
<https://mckinneyisd.rankonesport.com/New/NewInstructionsPage.aspx>

Rank One Forms

Get Ahead of the Game!



All MISD and UIL acknowledgment of policies are found at
<http://mckinneyisd.rankonesport.com>

SIGNED FORMS

- All forms must be submitted for athlete to participate in competition

There are 3 total forms that you must ELECTRONICALLY sign from the drop down box (ELECTRONIC PARTICIPATION FORMS).

1. MISD Signature Page
 2. UIL Forms Signature Page
 3. MISD Emergency Contact Form
 4. MISD Health & Safety Policies Form
- You must select all boxes indicating you have read all included forms.
 - You must use the athlete's name provided on their official school records.
 - Signature must consist of a **LEGIBLE FIRST AND LAST NAME**

PHYSICALS



**Want to make a good impression
on your coaches?**

**TURN YOUR PHYSICALS IN TO THE ATHLETIC TRAINER ON
TIME AND COMPLETED CORRECTLY!!!**

- **MUST** be on MISD Physical Form
- **MUST** be turned in ASAP...but no LATER than the designated date (June 1st)
- **MUST** be approved and input into the system in order to tryout!

Questions?



- **NEW/INCOMING FRESHMEN PLAYERS**

- Please fully complete the player experience and information form prior to leaving the tryout meeting.

If you have any questions about any of the information within these slides please come up and ask me, I'd love to meet you and your player! Otherwise, you can email me at mvargas@mckinneyisd.net

See you all in July!

**A team above all.
Above all a team.**