

# McKinney Boyd Bronco Tennis



## Policies and Procedures Handbook

Mission Statement: “To help build a team of intentional leaders that will make a positive impact in the world by showing their integrity, empathy, respect, responsibility, determination, and teamwork. 1 Team. 0 Excuses. Stronger Together.”



## **Boyd Tennis Program Goals and Objectives**

1. Players will improve their overall tennis skills and abilities including technique, match play, strategic play, toughness, and doubles play.
2. Players will demonstrate good sportsmanship even during diverse matches when opponents and other teams may not be following the same protocol.
3. Players will develop a sense of team that they do not always experience in non-high school matches and will develop a love of their teammates and a desire to cheer and see their teammates succeed in all aspects of life.
4. Players will improve their overall mental game and teamwork/team-building skills on this team. This will improve their ability to work with others, which will prepare them for the future in college, in the workplace, and beyond.
5. To help build a team of intentional leaders that will make a positive impact in the world by showing their integrity, empathy, respect, responsibility, determination, and teamwork. 1 Team. 0 Excuses. Stronger Together.

## Coaches Contact Information



**Head Coach - Meagan Vargas**

[mvargas@mckinneyisd.net](mailto:mvargas@mckinneyisd.net)

469.302.3555 (work phone)

**Assistant Coach – Matthew Russell**

[mrussell@mckinneyisd.net](mailto:mrussell@mckinneyisd.net)

**McKinney ISD Athletics Website**

<http://departments.mckinneyisd.net/athletics>

You will be able to access ALL MISD school athletic information AND Forms from this home page. The “*Parent and student info*” tab in the right column of the page will direct you to various forms that may be needed throughout the year. You can also check the rankone website at [www.rankonesports.com](http://www.rankonesports.com)

**McKinney Boyd Athletics and Tennis Website**

<http://departments.mckinneyisd.net/athletics/schools/mckinney-boyd-high-school>

**For easy access:**

Go to [www.mckinneyisd.net](http://www.mckinneyisd.net)

SELECT “*Athletics*” located in the right column under “DEPARTMENTS”

SELECT “*SCHOOLS*” tab located on top of page

SELECT “*McKinney Boyd High School*” in the drop down box

Team Tennis = FALL (both Boys and girls link to the same page)

Tennis = SPRING (both Boys and girls link to the same page)

## **Boyd Tennis: What makes us Different?**



- **Work Ethic**

Our #1 emphasis is work ethic!

  - Give me your true 100% EVERY DAY.
  - QUALITY IS NEVER AN ACCIDENT!
  
- **Team Unity**

Team bonding is critical to the success of our program. We LOVE various team bonding activities, and our captains are in charge of a large portion of these activities so true bonding can occur.  
We have “team time” built-in during weekly workouts (15-25 mins)  
We also participate in dress-up weeks as a JV/Varsity competition
  
- **Becoming “learners” of our sport**

I tell the kids there aren’t “winners and losers” there are “winners and learners”. Sometimes we have to learn through failure and trials (i.e. changing techniques etc.) in order to become better players.
  
- **Accountability/Discipline**

You are held accountable by your coaches AND your teammates
  
- **Team Slogans**

We have had various slogans since Boyd has been opened, such as: “First Come First Serve”, “Hard Work Beats Talent if Talent Doesn’t Work Hard”, “Respect All Fear None -- BATTLE”.  
The slogan for this year and years to come is simple. **10S**.  
**1 Team. 0 Excuses. Stronger Together. 10S is who we are as a team.**
  
- **Traditions**

Boyd Broncos Annual “Tennis-a-thon” for Purple Out - Est. May 2018  
Make the playoffs – “Kiss the Bronco”  
Team huddles and cheers  
Pink Out/Purple Out Match  
Standing at last match of point of last team match  
Singing the Alma Mater as we turn into the parking lot after away matches  
For the LOVE of the Game (Tennis with students with Special Needs)

### **Questions to Ask Yourself Before the Season Starts**

1. What’s your “WHY”
2. What are our team and individual goals?
3. What do we need to do to get there?
4. What impact will Bronco Tennis have made in our lives after we have gone?
5. What will we learn from Bronco Tennis that will help in our future success?



## **BOYD BRONCO TENNIS Policies, Procedure, and Expectations**

*Each Player is expected to:*

- Comply and follow all policies of McKinney ISD athletics, MISD Code of Conduct, MISD Bus Policies & Procedures, District 9-6A, Texas UIL, and USTA court conduct, policies, and procedures.
- Respect BRONCO coaches, captains, team members, opponents, umpires, and parents.
- Respect opposing coaches, players, umpires, and parents.
- Care for and help maintain the condition of all equipment and uniforms provided by the school. You are responsible for the cost of replacing damaged or lost uniforms and/or equipment.
- Attend **ALL** in-season and off-season practices, workouts, and team meetings. If you are unable to attend a practice you should personally inform Coach Vargas **PRIOR** to the absence; by **10 AM**. There are consequences for missing practice which may include conditioning and loss of playing time or play position.
- Practice will start **promptly** 5 minutes after the tardy bell for that period. You are expected to be ready to play with **shoes on and tied** at these times. Yes, this means you will have to **HUSTLE** down from the locker rooms, but it is do-able!
- Come prepared to practice and matches with proper practice/uniform attire (Boyd Tennis Shirt/correct uniform color), tennis shoes, racket, hair back, etc.
- Travel to away matches and from away matches together as a team and follow MISD bus rules and conduct when riding the bus at any time for athletic purposes.
- Attend **and** remain at all home and away matches until **all players** have completed their matches.
- Maintain a positive team environment by cheering, encouraging, and watching your teammates as they play when you have completed your matches. Conduct detrimental to the team will result consequences. (OFI's)
- Cell phones should be turned off and locked lockers or bags during practices and matches. **If this becomes an issue, phones may be collected by the coaches until the conclusion of practices/duals to focus on the team.**
- Social Media – All communication should foster the image we strive to portray as Broncos (texting, snap chat, Facebook, Instagram, Twitter, etc). Athletes should follow/like MBHS Tennis social media sites.
- Maintain passing grades in accordance with the Bronco Tennis Standards.
- If injured, alert Coach Vargas IMMEDIATELY and follow injury procedure with Coach/Athletic Trainer(s).
- Store only athletic equipment/attire in lockers and **LOCK** lockers at **ALL** times!
- Comply with the Boyd High School dress code, MISD dress code, and the Boyd Tennis dress code (no clothing with another High Schools logo, short/groomed hair for males, no facial hair, no lip, brow, or other piercings during practices/matches, spandex must have cover shorts/skirts, etc). Your appearance should be one that upholds the honor, integrity and character of the Boyd Tennis program.
- Carry yourself on and off the court with integrity. You are representing yourself, your team, your school, coaches, and parents.
- Demonstrate the Bronco Way by showing respect to peers, teachers, and school administration within the classroom, maintain passing grades, arrive to class on time and remain in good standing (no ISS, OSS, detentions) within the school walls.
- Conferences will be held by appointment only with parent AND player. They must be scheduled at least a day in advance. They will not be held before, during, or after any match and will be used to discuss how the player can improve his/her skills and playing ability (playing position, playing time, etc will not be discussed). The focus will be solely on that particular player and no other players will be discussed.



## **Boyd Bronco Tennis Policies and Procedures**

### **Miscellaneous Reminders Worthy of Mention and Emphasis!**

#### **PLAYING TIME & POSITION**

- JV AND VARSITY – PLAYING TIME/MATCH PLAY IS NOT GUARANTEED
- Playing Position is determined by coaches based on level, competition, coachability, eligibility, etc.

#### **COACHABILITY**

- Your high school coaches are as highly qualified as your instructors at your clubs and want success not just for you but for your **team!**
- Players are expected to listen and adhere to coaching from both head and assistant coach during practice and matches. This includes strategy, stroke production, etc.
- Communicate with Coach in a respectful way if Plan A isn't working! We have multiple options for you in our heads, and we want your success!

#### **LOCKERS**

- Lockers should be locked at all times when the athlete is not present
- Indoor locker rooms will be locked AFTER 1<sup>st</sup> period and unlocked at the end of 5<sup>th</sup> period. Tennis court locker rooms will be unlocked at the start of 6<sup>th</sup> period for players wishing to secure items at the courts.
- Only athletic gear should be stored in the lockers. Locker rooms are not accessible outside of your athletic period or before/after school.
- There is limited time between class and practice. You will need to hustle to/from the locker room. You may want to consider this when planning for change of clothes after practice.

#### **APPOINTMENTS DURING TENNIS PERIODS/CHECKING OUT**

- Appointments (Dentist, Doctor, Ortho, etc) need to be made outside of tennis practice as much as possible. Loss of playing time could arise from miss practices (it's not fair to your teammates who are there practicing)
- If you **MUST** leave for an appointment, plan to practice until you leave and your **PARENT MUST** check you out with the front office if you are leaving prior to the end of the school day (2:30 pm).

### **DROPPING OFF/ PICKING UP/ PARKING**

- Parents/players cannot drop players off behind the school prior to the start of the school day between 7:00 and 7:45 AM. Buses are only allowed access to the back of the school to drop students off for the school day. Our school security monitors this very closely.
- Parents should pick up players on the SOUTH side of the school at the end of 7<sup>th</sup> period. NO cars are allowed to go to the back of the school by the tennis courts between 2:00 PM and 3:00 PM. This is when the buses are picking students up at school.
- Plan to pick up your athlete **on time** or make arrangements with another teammate to carpool PRIOR to practice and/or matches. Athletes will be allowed to call to let you know an approximate time we will be home/completed with a match.

### **TRAVEL TO/FROM AWAY MATCHES**

- All players travel to and from away matches with the team on the bus unless coach says otherwise.

### **BUS CONDUCT**

- Players are expected to follow MISD policies when riding the bus to and from tennis activities. Disruptive or failure to comply with MISD policies or coaches reasonable requests may result in not traveling to away tennis matches/events. **This includes our Varsity overnight trip in the Spring.**
- Players should help clean the bus upon arriving back to school to avoid fines by Durham. A dirty bus cleaned by coaches can result in consequences.

### **WATER**

- We do have water coolers on the courts to REFILL water JUGS when needed.
- Players should bring a water **jug** filled with water to Practice.
  1. They can store it in their locker. It should still be cold at practice time.
  2. It gives us more time to coach and give instruction rather than wait for them to stand in line to get water
  3. It eliminates trash/empty water bottles from being left on the court.
  4. It is not the Booster Clubs responsibility to always provide water/gatorades
  5. At some away matches, water for the visiting team is limited. We cannot expect to fill our water bottles/jugs using our opponents coolers!

**\* Lack of commitment or follow through for each of these expectations may result in consequences/OFI for the player.**

**Please remember, tennis is a game and should be fun! The opportunity to play sports is a privilege.**

# Boyd Tennis

## Parent Guidelines



### PRACTICES

- Not all, but some players feel pressured when parents watch. For this reason we do not open the bleacher section to parents during practices. We want the players to feel comfortable trying new strategies without worrying if they miss the ball or not. Parents are always welcome to watch practices outside of the athletic facilities fence.

### MATCHES

- Please no coaching your player from the sidelines! Using hand signals, verbal cues, etc. while your player is on the court violates UIL coaching rules.
- You are welcome to cheer for your player. If you are upset with their level of play, we ask that you refrain from expressing your frustration until you are at home and in private with your player.
- Your player is expected to stand and cheer for their teammates once they are off the court from their own match. Please refrain from talking to your player or other players while they need to be with their teammates cheering.
- Tennis venues are designed in such a way that we as coaches are accessible. We are happy to say a quick hello in passing. We will be walking from court to court and we will watch/analyze our players and their opponents for what we feel is best to coach them on. Please do not give us coaching advice on how to coach your player. Please do not text us during matches/tournaments.
- Per UIL, if your words or actions interrupt the coaching ability of our staff or the playing ability of your child/others, you may be asked to leave the facility and could even be suspended from future matches.

### GENERAL

- Please follow the procedures outlined in the parent communication guide should you have a question or concern.





## **Boyd Tennis What to Expect – Now That You Are a Bronco Tennis Player**

### **Practice Times**

- JV will be practicing during 6<sup>th</sup> period and after school Monday's from 3:00-4:30.
- Varsity will be practicing during 7<sup>th</sup> period and after school until 3:30 PM.
- NO VACATION TIME! Do not plan any extended breaks or weekends!

### **Fall Season**

- usually lasts from August until mid-October/early November
- It gets HOT! We follow our MISD Hot Weather Policy, but we will practice!

#### **Varsity**

- most matches after school on Tuesdays/Fridays
- total of 19 matches (3 girls/boys doubles, 1 mixed doubles, 6 boys/girls singles)
- no ad scoring (2/3 sets)
- matches usually start by 4:30 PM. When traveling away, we could be home late!
- top 4 teams move on to the playoffs.

#### **JV**

- most matches after school on Thursday
- total of 19 matches (3 girls/boys doubles, 1 mixed doubles, 6 boys/girls singles)
- no ad scoring (8 game pro sets or 2/3 short sets)
- matches usually start by 4:30 PM. When traveling away, we could be home late!

### **Spring Season**

- usually lasts from mid-January until mid-April
- It gets COLD! Sweats will be required some days.

#### **Varsity**

- 7-8 ALL Day Tournaments that are usually on Fridays (some Friday & Saturday)
- Bus usually leaves around 6:00AM
- Most tournaments are 2 match guarantee. Some are 4 or 5 match guarantee
- Return time from tournaments will vary on tournament draw, number of sites, weather, and how deep the Broncos play into the draw. We could be done anywhere between 3:00PM and 10:00 PM (we never know until we are on the bus home)!!!

#### **JV**

- 5-6 ALL Day Tournaments that are usually on Thursdays
- Bus usually leaves around 6:00AM
- Most tournaments are 2 match guarantee.
- Return time from tournaments will vary on tournament draw, number of sites, weather, and how deep the Broncos play into the draw. We could be done anywhere between 3:00PM and 8:00 PM (we never know until we are on the bus home)!!!



## Boyd Bronco Tennis

### Lineup and Challenges

#### FALL CHALLENGE MATCHES FOR LADDER POSITIONS

- Both JV and Varsity will play challenge matches the first week or two of our season. All players will play challenge matches, but not necessarily the same number of challenge matches (depending upon their records against players).
- Challenges will be a set to 6 or pro sets (if close) with no-ad scoring.
- All Challenges will be set up by the coaches.
- After initial challenges have been set, there will be no more challenges unless initiated by coaches. We will adjust our lineup throughout the season based on match records, team needs, etc. This will be determined by the coach.
- Challenges will play a part in ladder position, but are not the do all/end all!! Body language (looks of defeat), coachability, shot selection, etc will all play a part. Singles is DIFFERENT than doubles! A player who wins in singles may not be a doubles player! It is ultimately a coaching decision! Remember – we want success for your athlete AND for the TEAM as much as you do!
- If an upper line is losing matches and a lower line is winning matches, lines may be switched for success in dual matches with no challenges. This is a coaching decision.
- If COACHES feel it is in best interest of the TEAMS success, JV player can/may be invited to play up in Varsity matches even if there are no injuries/ineligibilities!

#### SEMESTER CHALLENGES

- At the conclusion of Team Tennis (Fall Season) we **MAY** hold challenges. Players will again play a set to 6 or a pro set (if close) to determine growth in game since the beginning of the year.
- The players on the bottom of the 7<sup>th</sup> period lineup **may** challenge the players on top of the 6<sup>th</sup> period lineup (at the discretion of Coach Vargas). They will play a pro set with ad scoring. IF the 7<sup>th</sup> period player was part of a starting lineup varsity doubles line for at least 3 district matches, the 6<sup>th</sup> period player will play the 7<sup>th</sup> period player in a singles AND will play doubles with the 7<sup>th</sup> period player's partner against a same team that the 7<sup>th</sup> period player and partner play against. Scores will be compared in doubles. There will be no challenge if the top 6<sup>th</sup> period player loses any challenge matches in 6<sup>th</sup> period during the semester challenge time.
- All Semester challenges will begin a week after the conclusion of the fall varsity season (Mid October – Beginning of November...depending on playoffs)
- If 6<sup>th</sup> period JV players have been invited to play starting Varsity matches during the season per discretion of Coach; have won the varsity line matches in which they played; they may be moved to 7<sup>th</sup> period at the semester with no challenge matches necessary.
- No schedules will be changed until the start of the 2<sup>nd</sup> semester.

## BOYD TENNIS INJURY/ATHLETIC TRAINING ROOM PROCEDURES

### INJURIES

If you get Injured during Bronco Tennis Practice or Matches, Please talk to Coach Vargas immediately before seeing your doctor! If it is something that is starting to nag you, tell Coach immediately! Do not wait until it hurts too bad to play!

### Protocol for Injuries

- Talk to Coach Vargas IMMEDIATELY
- Talk to Trainer(s)
- Follow treatment suggestions given by trainer(s)
- Report back to trainer(s) about progress
- Team Doctor (trainer(s) will refer you to our team doctor if necessary
- Trainers will notify coaches of athlete's progress and limitations. It isn't necessary for a parent to email coaches, AD's, or principals about their athletes limitations.

**Our TRAINERS are HIGHLY QUALIFIED. PLEASE see a Boyd Athletic Trainer BEFORE visiting an outside physician for any athletic related injuries!**

Keep Coach Vargas and trainer(s) informed on how you are feeling and healing after reporting an injury. If you don't, we don't know how to help! If you choose to go directly to an outside doctor, you will need a signed note discussing exactly what you can and cannot do at practice and a signed note to return to practice/play

### ATHLETIC TRAINERS

Our trainers are highly qualified! If you are injured they will provide strict instructions on what you can and cannot do at practice. Their goal is to allow you to participate as much as your injury will allow while at the same time treating your injury and getting you back to 100%

### Athletic Training Room \*AT = Athletic Trainer

- For athletes receiving treatment only!
- Before school beginning at 630 AM (make sure you have contacted Coach to alert the AT OR you have already talked to the trainer and they are aware you are coming. Rehab occurs during the athletic period.
- Dress out and Immediately at the START of your athletic period
- After receiving treatment, you will join your team at practice (even if not playing; you must still dress out)
- You should communicate with Coach/AT the progress of your injury so they know how to continue treatment and if it is working!
- If for some reason you have been assessed by an outside DR., your primary contact & rehab needs to go through the AT. All notes must be given to the AT.
- Coaches must adhere to the recommendations of the AT in regards to rehab and return to play based on AT expertise and details provided in Dr. notes. The AT will communicate status of player until they are completely cleared.



## BOYD TENNIS PROCEDURES FOR ADDRESSING CONCERNS

*If you have a concern or feel that a meeting with the coaches is necessary, please follow the order for addressing concerns and the procedures below or found in the MISD parent communication guide.*

### **MEETING WITH COACHES**

- All meetings with the coaches will be done on an appointment basis. Do not expect to be able to speak with them on issues on match days, during matches or after matches.
- Play time, playing position, other players will not be discussed.
- Coaching styles/decisions will not be discussed.
- We are happy to talk about what your player can do to improve their game to get to where they want to be!

### **PROCESS FOR ADDRESSING CONCERNS – Chain of Command**

- Order for addressing concerns
  1. Athlete talks to Coach Vargas
  2. Athlete & Parent/Guardian talk to Coach Vargas
  3. Athlete, Parent/Guardian talk to Coach Vargas and MBHS Athletic Coordinator
- PLEASE discuss any concerns with coach first

### **PLAYING TIME & POSITION**

- JV AND VARSITY – PLAYING TIME/MATCH PLAY IS NOT EQUAL
- We have a huge team this year, so the matches will be competitive, but I will get as many players play time as possible, but it is not guaranteed.
- Playing Position is determined by coaches based on level, competition, eligibility, etc



## **BOYD BRONCO TENNIS UNIFORMS**

Each player will be issued several articles of clothing/bags, etc to wear throughout the fall and spring tennis season. It is the responsibility of the players to keep these items in the condition in which they were issued. All items **MUST** be returned by the end of the spring season. Returning the items with broken zippers, rips, tears, stains, etc will result in replacement fines. Loss of items will result in a replacement fine. All fines will be based on replacement cost.

No school issued uniforms are allowed to be worn outside of school matches. You may not wear uniforms to school (exception: Match Day Shirts). You are not allowed to wear any school issued items (exception: Match Day Shirts) to school at any time or to any outside school match/tournament. This is a violation of UIL rules and will interfere with the amount of tournaments, etc that you are allowed to play per UIL.

### **VARSITY ATHLETES**

- Boys: Underarmour red shorts, Underarmour navy shorts, Underarmour blue uniform shirt, Underarmour white uniform shirt, Wilson racket bag, Underarmour warm up jacket/sweats.
- Girls: Red Underarmour Blue/Red Underarmour Tank, Underarmour White skirt, Underarmour Navy shorts, Wilson racket bag, Underarmour warm up jacket/sweats.

### **JV ATHLETES**

- Boys: Underarmour shorts (red or blue), Underarmour uniform shirt (red or blue), Wilson racket bag, Underarmour jacket
- Girls: Underarmour Tank (red or white), Underarmour Skirt (blue or white), Wilson racket bag, Underarmour jacket.

**\*\*Note: We have such a big team this year, we may only have one uniform for JV, not two.\*\***



## BOYD TENNIS TUTORIAL GUIDELINES

As teachers ourselves both coaches understand the importance of school work. We expect each of the players to maintain passing grades and staying on top of their class work. We expect them to always be putting in their best effort in each of their classes. However, as coaches we feel it is important that the players balance and manage their time in such a way that they do everything possible to attend all practices for the entire scheduled time in the best interest in their improvement of the game, their preparation for matches, and their teammates. For this reason, we ask that the following guidelines be followed by each of the players.

- **All Players:** Attend AM tutorials or PM tutorials on days that you are not playing in a match and coach has not requested the team present at the dual OR PM tutorials on designated days that Coach has canceled after school practice for the opportunity to attend tutorials. (This second option RARELY happens, so I would plan for AM tutorials over PM ones unless it is a gameday). If you have an 85% or higher in a class, you must plan to participate in practice unless you have a test and have utilized all other tutorial options/times.

We understand that not all teachers may hold tutorials at this time, but all core subjects have teachers who have tutorials and any teacher of that subject is more than willing to assist you. We expect you to utilize any teacher available for tutorials and to be at your assigned practices. If you **MUST** attend tutorials during a practice, you will be required to be in practice during your assigned period, dressed and ready to play. All tutorials **MUST** be before or after school hours. Failure to do so may result in a loss of participation points or playing time. Unless you are in danger of failing or have a test the next day, you **MUST** be in practice or find a time outside of practice to attend your tutorials. If you end up going to tutorials, coach will need an email from said teacher saying when you showed up to class, when you left, and why you were in tutorials.

We understand extreme circumstances such as illness, etc arise that force you to miss more than one day of school. In these rare cases exceptions may be made.



# BOYD HIGH SCHOOL BRONCO TENNIS

## Qualifications for receiving a varsity letter and OFI's

Individuals play the game, but teams win championships. -- *Source Unknown*

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As a member of any team it is an honor to receive an athletic letter. An athletic letter shows that you are an outstanding member of a team and that you achieved specific goals. Boyd Tennis is no different than that of any other team. Therefore, there are specific goals that you must meet and specific actions that you must take in order to achieve your athletic letter.

- Must play at least 10 matches at the varsity level (1-6 singles or 1-3 doubles, or mixed doubles against another varsity level team), play or serve as an alternate at the district tournaments and play throughout the fall and spring season. Spring Tournaments count as 1 total match. Fall duals each count as 1 match even if both singles and doubles were played.
- Must be a supportive member of your team (attending practices and matches, watching your team members and cheering for them when you are not on court playing)
- Must remain eligible during fall and spring season by UIL standards and McKinney Boyd/ISD standards.
- Remain in good standing of the Boyd Tennis Team (attitude, behavior, etc...no player contracts, no ISS, no disciplinary referrals, etc.)
- Letter awards MAY be awarded to players who do not meet all of these requirements at the discretion of the coaches.

These are the requirements in order to achieve your letter. You must do all things on the above list to receive your letter. I wish you all the best and hope that each of you will be recognized with an athletic letter at some point in your Bronco Tennis career.

\*Managers may also have opportunities to earn a letter award

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### **BRONCO TENNIS Opportunities For Improvement (OFI's)**

*Failure to follow these policies, procedures, expectations, and safety rules could result in one or more of the following consequences.*

#### **Missed Practices**

1<sup>st</sup> Unexcused Practice – 1 Point; makeup practice/OFIs, loss of playing time

2<sup>nd</sup> Unexcused Practice– 2 Points; possible player contract /OFI's, loss of playing time

3<sup>rd</sup> Unexcused Practice – 3 Points; possible dismissal from team/ OFI's, loss of playing time

There will be no loss of points if excused from practice by parent **up to 3** times/semester. After 3 missed practices with parent note/semester, loss of points will occur (point deduction follows those for unexcused absences; this includes appointments for dentist, ortho, drivers license, etc). You're expected to be at practice to improve your game and do your part as a member of the team. **Missed practices shouldn't occur.** There are consequences for missed practices including OFI's (conditioning)/loss of playing time/position.

*\*Unexcused practice = more than 3 absences with no doctor note, failure to personally communicate with coach of absence from practice (by 10 AM), skipping practice, failure to dress out, ISS, or missing for non-school related reasons.*

- **Dressing Out**

If you are at school you're expected to dress out. If you're sick and not hitting (approved by Coach Vargas) you must still dress for practice. Failure to do so will result in an unexcused absence. Not practicing = loss of playing time.

- **Missed Tournaments/Matches**

If you miss a match/tournament due to a vacation, dentist/ortho appointment, driver license appt/drivers you will lose 10 points from your overall grade/OFI's, and/or lose playing time/playing position in next scheduled match. If you are sick/injured you should have a note from your doctor or the athletic trainer.

- **Grade checks**

At each grade check you will be held accountable for your grades. Remember you are a student-athlete! Tennis program expectations are as follows: Regular Classes – 80%, Pre-AP Classes – 75%, AP Classes – 70%. OFI's will be conducted to encourage you to raise your grade and study hard if you are not meeting these expectations.

- **Student-Teacher-Coach Relationship**

We will keep your teachers informed about situations that affect your academic performance. We will also work with you and your teacher regarding tutorials, etc. We will advocate for you as much as your actions allow!

- **Ineligible Due to Grades**

Should you fail at the 1<sup>st</sup> 6 weeks or any 9 week grading period, you'll be ineligible per UIL and will be placed on probation and given a Bronco Tennis Academic Contract/Mandatory Tutorial Schedule. A player placed on academic probation for the 3<sup>rd</sup> time will be dismissed from the tennis program.

### **Procedures for Not Following Policies**

- Loss of Points/OFI's (running/various forms of conditioning) The more you earn, the harder they get!
- Conference with Coach
- Removal from drill
- Call home/email to parents
- Written Warning of Player Contract
- Player Contract
- Removal from practice
- Conference with coach and parents
- Suspension from competition/match play

\*\*\* these are examples of consequences and not in any particular order!

\*\*These are not set to discourage a player, but to reinforce that there are consequences for making certain choices that are not to the benefit of the player or the team.

\*Often times OFIs will be performed on our courts. Players concerned with court contact may request to stay after practice to go to the field/turf. They may also keep a towel in their bag to use if they desire.

***The Bronco Way = Doing the RIGHT thing, the RIGHT way, ALL of the time!***



## **Practice Philosophy**

- **Above All - Practice like you Play!** Practice with focus, intent, effort, etc. Every shot should have a purpose! Give us 100% of what you have.
- Our practices will be quality centered, not quantity centered. We believe an intense, focused practice with continuous effort for 1 ½ -2 hours can be as effective/more effective than 3 hour practice where we may lose focus.
- Each practice is planned/organized so that it meets our particular needs.
- The ultimate purpose of practice is to prepare our athletes physically and mentally for intense competition.
- We are a competitive program. We are preparing athletes for HS competition, college tennis and to have discipline in all realms of life. MBHS tennis will be different than taking lessons at the country club.
- We focus on doubles play/strategy
  1. Most players play doubles (spring and fall)
  2. Doubles sets the tone for our team matches
  3. Doubles is TEAM oriented. We are a TEAM.
  4. Outside of Bronco Tennis, most players are preparing for tournaments where their focus in on their singles game.
  5. We are developing you into a well rounded player

## **Practice Expectations**

- Dressed Out, Shoes Tied, and On Time and warm up as a TEAM!
- Be coachable! When coach is giving instruction, directly or indirectly to you, make eye contact. Pay attention when Coach is talking. We are both trying to help you and the team! Always respond with “yes Ma’am” and “No Sir.” We will never tell you anything that we think will make you fail! We want success as much as you!
- We are an intense, assertive, and excitable coaching staff. We will raise our voices to pump you up and motivate you! Remember...we are trying to help you get better! We want success as much as you!
- Be enthusiastic and energetic at all times! Jog from one drill to another. Jog to pick up balls. Encourage your teammates. Learn from your mistakes. Never hang your head or show negative body language!
- There will be a penalty for missing practice excused or unexcused. Don't make appointments during practice. We're TEAM we practice together!
- Overcome fatigue and create mental toughness.
- Compete in every drill and match.
- Challenge yourself both in what you can and cannot do.
- Never point fingers at a teammate.
- Do not miss practice. If you are sick or have an emergency, you must call!
- Practice how you want to perform in a match!

***1 Team. 0 Excuses. Stronger Together.***

## **Boyd Tennis Match Expectations**

1. We will play with effort and give all we have within us in every match from the first serve to the last ball we hit no matter what the score card reads; winning or losing.
2. We are going to be ready to outlast our opponents in long matches. We will be conditioned and physically fit. We will be stronger, faster, and have better endurance than our opponents.
3. We are going to play smart. We will not beat ourselves. If our opponent is better than us, we will make them earn every point they win. If they out play us, we will give them credit and walk off the court with our heads held high; knowing that we tried different strategies and gave ourselves every opportunity to win.
4. We will step on the court for each match with the expectation that we will win. When we win, we will walk off the court humbly, but with confidence. If our opponent is a stronger player and we get beat, know we played our best and evaluate what we learned from the match that we can take onto the court the next time we play. We will not let losses dictate who we are as players.



# Bronco Tennis

*Become a Fan!*

McKinney ISD/ Boyd Tennis Athletic Website

<http://departments.mckinneyisd.net/athletics>

## For easy access:

Go to [www.mckinneyisd.net](http://www.mckinneyisd.net)

SELECT “*Athletics*” located in the right column under  
“DEPARTMENTS”

SELECT “*SCHOOLS*” tab located on top of page

SELECT “*McKinney Boyd High School*” in the drop down box

Team Tennis = FALL (both Boys and girls link to the same page)

Tennis = SPRING (both Boys and girls link to the same page)

## For even EASIER access:

- TEAM TENNIS (FALL) <http://bit.ly/MBHSTeamTennis>

- TENNIS (SPRING) - <http://bit.ly/MBHSSpringTennis>

## Facebook

Like our page and follow updates for matches, fundraisers, and events!

[www.facebook.com/mckinney.boydtennis](http://www.facebook.com/mckinney.boydtennis)

## Twitter

Like our page and follow updates for matches, fundraisers, and events!

[www.twitter.com/bronco10s](http://www.twitter.com/bronco10s)

## Instagram

Like our page and follow updates for matches, fundraisers, and events!

McKinney\_Boyd\_Tennis

## Remind 101

TEXT: @Bronco10s TO: 81010

# Sportsmanship

- PLAYERS
  - Respectful of opponents of all levels of play
  - Respectful of coaches of Bronco Tennis and opposing teams
  - Respectful of umpires
  - Respectful of self and teammates on and off the court
  - Demonstrate honesty, integrity and strong character even when no one is watching (line calls, equipment abuse, language, no taunting, etc)
  - Always play fair and compete hard, give 100%
- PARENTS
  - Respectful of opponents of all levels of play
  - Respectful of coaches of Bronco Tennis and opposing teams
  - Respectful of umpires
  - Respectful of other spectators and fans
  - Positive cheering in the spirit of the team
  - Demonstrate honesty, integrity and strong character
  - No taunting opponents, no coaching players during matches, no negative comments/gestures to coaches, opponents or Bronco tennis players (including your son/daughter) during match play.

“Promote what you LOVE instead of bashing what you hate”



# Boyd Bronco Tennis

## Parent Sportsmanship Pledge

As a parent, I acknowledge that I (and my spouse) am a role model. I will remember that school athletics is an extension of the classroom, offering learning experiences for students. I must show respect for all players, coaches, spectators, and support groups. I will participate in cheers that support, encourage, and uplift the teams involved. I will refrain from yelling or cursing at coaches and officials. I understand the spirit of fair play and that good sportsmanship is expected by McKinney Boyd High School, Region 2 District 9-6A, and the UIL. I hereby accept my responsibility to be a model of good sportsmanship that comes from being a parent of a student athlete.

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Parent

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Date

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Parent

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Date

## Student Athlete Sportsmanship Pledge

As a student athlete at McKinney Boyd High School, I know I am a role model. I understand the spirit of fair play while competing hard. I will refrain from engaging in all types of disrespectful behavior, including inappropriate language, taunting, trash talking, equipment abuse, bad line calls, and unnecessary physical contact. I know the behavior expectations of McKinney Boyd High School, Region 2 District 9-6A, and the UIL, and hereby accept the responsibility and privilege of representing this school and community as a student athlete.

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Student Athlete

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Date

## **BOYD TENNIS CONTRACT**

**Policies and Procedures** I understand the policies and procedures for both the tennis program and MISD to follow while participating the Boyd tennis program.

**Consequences** I understand the consequences (OFI's) that can be issued when procedures are not followed.

**Grading Policy** I need to be present to earn a perfect grade. I need to maintain grades within all my classes that meet the Bronco Tennis grading expectations/UIIL expectations.

**Tutorials** I agree to follow the tutorial schedule during both fall and spring tennis season.

**Uniforms/Dress Out** I am responsible for the uniform articles issued to me. I know I am not allowed to wear uniforms issued by the school outside of Boyd Bronco Tennis Activities. I am responsible for the replacement cost or lost or damaged uniform/equipment. I must wear a Boyd tennis shirt to practice.

**Athletic Letters** I understand the qualifications that I must follow in order to receive an athletic letter as a member of Boyd Tennis Team.

**Lockers** Lockers are issued to each athlete and should be locked to avoid theft. I understand that I can only use my locker for athletic purposes.

**Practice/Match Attendance** Practices and matches should not be missed.

**Cell Phones/Social Media** Cell phones should be turned off and kept in bags or locked lockers during practices and matches. All social media posts should foster the image we want to portray as Broncos.

**MISD Athletic/Drug Policy** I understand the MISD drug testing policies/consequences

**Parking/Drop off/Pick Up** I understand the parking/drop/off pick up policies at MBHS Tennis Courts.

**Bus Behavior and Expectations** I should follow MISD bus rules and conduct when riding the bus at any time for athletic purposes. I need to ride the bus with the team to and from all away matches and tournaments.

***I understand that failure to follow any of the above can result in consequences.***

**Player:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_