

Return to Play Guidelines - CoVid 19

MNHS Soccer
2020 – 2021

TRANSPORTATION:

- Any time the team is traveling by bus, players will sit in a single seat by themselves when available.
- Each player will enter and exit the bus one at a time and must wait until the person in front of them is either off the bus or sitting in their seat.
- When loading, members will load from back to front and will exit from front to back.
- Face coverings will be worn at all times.
- Players will wash and sanitize hands prior to leaving school
- Parents may pick up their player after the game. Parents will be notified prior to the season at which games this will occur.

LOCKER ROOM SCHEDULES AND RULES:

Rules For 6th and 7th:

- Lockers will be spread out based on class period (6th and 7th) so that each player is at a proper social distance
- Lockers will not be open before school or after 7th period practice
- Athletes will enter one designated entrance and leave through one designated exit
- Locker room will be thoroughly cleaned daily
- Once an athlete has left the locker room all belongings will be brought with them.
- Players will not return to the locker room after practice
- Players will sanitize and wash hands before entering and leaving the locker room
- Showers will not be available
- Masks must be worn at all times

6th Period Schedule:

- There are no other sports that use the locker room during 6th period Boys soccer so all boys will be allowed in at the same time as long as the above rules are followed.
- 12:52-1:00 time in locker room
- 1:00-1:42 -End of Class- Soccer related activities
- Players will bring all their belongings with them to practice

7th Period Schedule- (Locker room shared with Boys track during this time)

- 1:42pm-1:50pm Seniors Will Dress out
- 1:50pm-1:55 pm Juniors will dress out
- 1:55- 2:00 pm Sophomores and Freshmen dress out
- Players will bring all their belongings with them to practice

ATHLETIC PERIODS:

- Face coverings will be worn at all times while in the locker room, hallways, walking to practice, leaving practice, and team stretch. Essentially, at all times except during active training.
- Face coverings may be removed while drinking water or eating. Athletes are expected to hand sanitize during every water break or bathroom break.
- Players will follow the below schedule for dressing out. Those that come to school dressed out will bring all their gear with them to the appropriate practice location
- Players will be properly distanced during warmup and stretch lines

6th Period Schedule:

- There are no other sports that use the locker room during 6th period Boys soccer so all boys will be allowed in at the same time as long as the above rules are followed.
- 12:52-1:00 time in locker room
- 1:00-1:42 -End of Class- Soccer related activities
- Players will bring all their belongings with them to practice

7th Period Schedule- (Locker room shared with Boys track during this time)

- 1:42pm-1:50pm Seniors Will Dress out
- 1:50pm-1:55 pm Juniors will dress out
- 1:55- 2:00 pm Sophomores and Freshmen dress out
- 2:00- End of Class- Soccer related activities
- Players will bring all their belongings with them to practice