

Return to Play Guidelines - CoVid 19

Boyd Tennis

2020 – 2021

TRANSPORTATION:

9/8/2020	Hebron HS	Bus will be provided as our assistant, Coach Lapuz, will be driving.
9/10/2020	Denton Braswell	Bus will be provided as our assistant, Coach Lapuz, will be driving.
9/15/2020	Allen HS	Bus will be provided as our assistant, Coach Lapuz, will be driving.
9/29/2020	Denton Guyer HS	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/8/2020	McKinney High	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/13/2020	Prosper HS	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/19/2020	District Quarters	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/20/2020	District Semi	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/22/2020	District Finals	Bus will be provided as our assistant, Coach Lapuz, will be driving.
10/23/2020	JV District	Bus will be provided as our assistant, Coach Lapuz, will be driving.

LOCKER ROOM SCHEDULES:

6th Period

12:47-12:52 PM – ½ of the JV team will change (closest to the locker room during previous period schedule)

12:53-12:58 PM – ½ of the JV team will change (farthest from locker room during previous period schedule)

1:35 PM – All players will head to the locker room

1:35-1:41 PM – All boys will dress out while socially distancing to go to 7th period, will have masks on, and lockers will be spaced to allow for social distancing.

1:35-1:41 PM – All girls will dress out while socially distancing to go to 7th period, will have masks on, and lockers will be spaced to allow for social distancing.

7th Period

1:49-1:54 PM – ½ of the Varsity team will change (closest to the locker room during previous period schedule)

1:55-2:00 PM – ½ of the Varsity team will change (farthest from locker room during previous period schedule)

Some Varsity players leave their bags in their car and change at the courts; so we could only be using the first time frame

Coach Vargas will look at players schedules and will determine players that are closest to the locker rooms during 5th and 6th periods (depending on if they are JV or Varsity) will have 5 minutes to change within the first rotation, and the second group will have 5 minutes to change within the second rotation. We will then go out to the courts as a unified group (with our masks ON)

Masks will be worn in the locker room at all times, out of the locker rooms, and as we transition to the courts. We will stagger our entry times and make sure the lockers are spaced out to allow social distancing. Prior to September 4th, players will not have access to our locker rooms and will need to arrive to practice ready to workout.

ATHLETIC PERIODS:

Prior to September 4th

- Entry Expectations
- Players will arrive prepared for practice, dressed out, with all tennis gear (rackets, shoes, and water jug). Players will not have access to the locker rooms during the virtual learning period.
- Players will need to have a face covering or facemask on while they prepare to enter the tennis courts.
- Players will have filled out the online screening questionnaire prior to arriving at the tennis courts.
- Upon arrival players will line up in designated spots to allow for social distancing, while coaches check that players have complete online screening questions
- Coaches will perform a temperature check before players are allowed access to tennis courts.
- Players will sanitize their hands as they come onto tennis courts utilizing hand sanitizing stations

- Exit Expectations
- At the end of practice, players will maintain social distancing as they exit the tennis courts, players will avoid contact with other athletes and coaches
- Players will sanitize their hands as they exit the tennis courts utilizing hand sanitizing stations
- Players will pack their belongings and proceed to their vehicle
- Parents will wait in their cars during the pick-up process

After September 4th

- Entry Expectations
- Players will follow the Locker Room schedule explained above
- Players will transition from the locker room to the tennis courts with coaches with their masks on to begin their warm-up routine

- Exit Expectations
- At the end of practice, players will maintain social distancing as they exit the tennis courts, players will avoid contact with other athletes and coaches
- Players will sanitize their hands as they exit the tennis courts utilizing hand sanitizing stations
- Players will pack their belongings and proceed to their vehicle
- Parents will wait in their cars during the pick-up process

Masks/Face coverings:

Tennis Players will need to wear a mask in any indoor/outdoor situation where social distancing may not be possible. Masks required:

- Locker Rooms
- Team Meetings
- Bus Rides
- Entering/Exiting tennis courts or other workout area.
- During change overs
- While waiting to drill
- Anytime 6 ft of social distance cannot be maintained

Racket and Playing Etiquette changes:

Tennis Players need to avoid below common behaviors in tennis:

- Sharing, borrowing, or demoing another player's racket
- Sharing or using another player's towel, wristbands, and/or head bands
- "High Five" or "fist bumping" other players
- Shaking hands at end of match
- Team handshake lines
- Sitting on bench with another player without mask

Tennis Players should adopt these alternate behaviors:

- Tapping Rackets instead of handshakes, high fives, or fist bumps
- Using hand signals in doubles instead of close conversations with partner
- Picking up tennis balls with rackets or other devices instead of hands whenever possible
- Using hand sanitizer before and after practice, matches, feeding tennis balls and picking up tennis balls
- Be proactive in sanitizing bags, rackets, clothing, and other equipment

Locker Room:

- Mask to be worn at all times
- Capacity will be limited to promote social distancing
- Staggering changing times in smaller facilities

Coaching Behavior Changes:

- Practice Social Distancing
- Design Practices and Drills that keep players separated. When not participating in match play, players will drill with the group assigned by coaches, these groups will exclusively drill together.
- Wear mask if need to coach within 6 feet