

2018

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

OCTOBER

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DECEMBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 PARENT/ATHLET E MTG @ 6PM	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
WK 1	Cockrill/Johnson @ 6:30am	Cockrill/Johnson @ 6:30am	Cockrill/Johnson @ 6:30am	Cockrill/Johnson @ 6:30am	On your own	
27	28	29	30	31		
WK 2	Memorial Day	Cockrill/Johnson @ 6:30am	Cockrill/Johnson @ 6:30am	Cockrill/Johnson @ 6:30am		

NOTES

JUNE 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Cockrill/Johnson @ 6:30am	
3	4	5	6	7	8	9
On Your Own - WK 3						
10	11	12	13	14	15	16
WK 4	Inspiration Park @ 7:30am		Erwin Park @ 7: 30am		Bonnie Wenk Park @ 7:30am	
17	18	19	20	21	22	23
WK 5	Inspiration Park @ 7:30am		Erwin Park @ 7: 30am		Bonnie Wenk Park @ 7:30am	
24	25	26	27	28	29	30
WK 6	Inspiration Park @ 7:30am		Erwin Park @ 7: 30am		Bonnie Wenk Park @ 7:30am	

NOTES

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
WK 7	Inspiration Park @ 7:30am		Erwin Park @ 7:30am		Bonnie Wenk Park @ 7:30am	
8	9	10	11	12	13	14
WK 8	Inspiration Park @ 7:30am		Erwin Park @ 7:30am		Bonnie Wenk Park @ 7:30am	
15	16	17	18	19	20	21
GIRLS WEEK @ TAOS - WK 9	Inspiration Park @ 7:30am		Erwin Park @ 7:30am		Bonnie Wenk Park @ 7:30am	
22	23	24	25	26	27	28
BOYS WEEK @ TAOS - WK 10	Inspiration Park @ 7:30am		Erwin Park @ 7:30am		Bonnie Wenk Park @ 7:30am	
29	30	31				
WK 11	1st DAY OF PRACTICE!!!	7-10AM				

NOTES

AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7-10AM Potluck Brunch at Erwin Park	2 7-10AM	3 7-10AM	4
5	6 6:30-9:30AM	7 6:30-9:30AM Booster Club Mtg @ 6pm	8 6:30-3PM @ Warren Park/Hawaiian Falls	9 6-8:30AM	10 TIME TRIAL @ 6: 30AM	11
12	13 6:00-8:30AM	14 6:30-8AM	15 6:00-8:30AM	16 6:00-8:30AM	17 6:00-8:30AM Team Dinner (6- 8PM)	18 PLANO XC MEET
19	20 1st Day of School 6:00AM	21 6:00 AM	22 6:00 AM	23 6:00 AM	24 6:30AM Team Dinner (6- 8PM)	25 FRISCO XC MEET
26	27 6:00 AM	28 6:00 AM	29 6:00 AM	30 6:00 AM	31 6:00 AM	
WK 12						
WK 13						
WK 14						
WK 15						

NOTES

SEPTEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
WK 16	Captain practice	6:00:00 AM Booster Club Mtg @ 6pm	6:00 AM	6:00 AM	6:30AM Team Dinner (6-8PM)	SOUTHLAKE CLASSIC
9	10	11	12	13	14	15
WK 17	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:30AM Team Dinner (6-8PM)	FLOWER MOUND INVITATIONAL
16	17	18	19	20	21	22
WK 18	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:30AM Team Dinner (6-8PM)	COPPELL INVITATIONAL (select)
23	24	25	26	27	28	29
WK 19	6:00 AM	6:00 AM	6:00 AM	6:00AM Team Dinner (6-8PM)	6:30 AM	MCNEIL INVITATIONAL/DE NISON XC MEET
30						

NOTES

OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
WK 20	6:00 AM	6:00:00 AM Booster Club Mtg @ 6pm	6:00 AM	6:00 AM	6:30 AM	7:30 AM
7	8	9	10	11	12	13
Team Dinner (6-8PM)	6:30 AM	DISTRICT	6:00 AM	6:00 AM	6:00 AM	
14	15	16	17	18	19	20
WK 22	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM	7:30 AM
21	22	23	24	25	26	27
Pre-Race - WK 23	REGIONALS	6:30 AM	6:30 AM	6:30 AM	6:30 AM	
28	29	30	31			
WK 24	6:30 AM	6:30 AM	6:30 AM			

NOTES

NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				6:30 AM	6:30 AM	State XC Championships
4	5	6	7	8	9	10
WK 25	TBD	Booster Club Mtg @ 6pm	TBD	TBD	TBD	
11	12	13	14	15	16	17
WK 26	TBD	TBD	TBD	TBD	TBD	Nike South Regionals
18	19	20	21	22	23	24
Thanksgiving Week	Thanksgiving Week	Thanksgiving Week	Thanksgiving Week	Thanksgiving Week	Thanksgiving Week	Foot Locker South Regionals
25	26	27	28	29	30	
	TBD	TBD	XC End of the Year Banquet @ 6pm	TBD	TBD	

NOTES

DECEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Nike Nationals
2	3	4	5	6	7	8 Foot Locker Nationals
	TBD	TBD	TBD	TBD	TBD	
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOTES
